



Organic Farming

Reading Worksheet — Level C | tahricteaches.com

Organic farming is a way of growing food without using chemical pesticides or artificial fertilizers. Farmers who use organic methods try to work with nature instead of against it. They take care of the soil, the plants, and the animals in a natural way. Organic farming is becoming more popular around the world.

In organic farming, farmers use **natural** materials to help plants grow. They add compost to the soil to make it healthy. Compost is made from old food scraps, leaves, and other plant material. Healthy soil helps plants grow strong and produce more food. Good soil is the most important part of any farm.

Organic farmers do not spray **chemicals** on their crops to kill bugs. Instead, they use other methods to protect their plants. Some farmers plant certain flowers or herbs near their crops to keep insects away. Others let helpful insects like ladybugs eat the harmful ones. These natural methods help keep the farm healthy.

Many people choose to buy organic food because they believe it is better for their **health**. Organic fruits and vegetables do not have chemical residues on them. Some studies suggest that organic food may have more nutrients. However, organic food often costs more than regular food because it takes more time and effort to grow.

Organic farming is also good for the **environment**. It protects the soil, cleans the water, and helps wildlife. Organic farms often have more insects, birds, and plants than regular farms. By choosing organic food, people support a way of farming that cares for the planet. Small choices can make a big difference over time.

A. Vocabulary

- | | |
|---------------------|--|
| 1. natural ____ | a. small animals with six legs, like ants, bees, or ladybugs |
| 2. chemicals ____ | b. plants grown by farmers for food |
| 3. health ____ | c. natural substances in food that help the body grow and stay healthy |
| 4. environment ____ | d. the ground in which plants grow |
| 5. compost ____ | e. the natural world around us, including land, water, and air |
| 6. nutrients ____ | f. a mixture of old food and plants used to make soil richer |
| 7. pesticides ____ | g. chemicals used to kill insects or pests on crops |
| 8. crops ____ | h. from nature; not made by people using chemicals |
| 9. soil ____ | i. man-made substances used in farming or industry |
| 10. insects ____ | j. the condition of your body and how well you feel |

B. True or False

- ___ 1. Organic farmers use chemicals to help their crops grow.
- ___ 2. Compost is made from old food scraps and plant material.
- ___ 3. Healthy soil is important for growing good food.
- ___ 4. Organic farmers spray chemicals on all their plants.
- ___ 5. Some farmers use helpful insects to protect their crops.
- ___ 6. Organic food always costs less than regular food.
- ___ 7. Organic farming can help protect the environment.
- ___ 8. Organic farms often have more wildlife than regular farms.
- ___ 9. People buy organic food because they think it is healthier.
- ___ 10. Organic farming works against nature rather than with it.

C. Fill in the Blanks

Word Bank: natural, chemicals, health, environment, compost, nutrients, pesticides, crops

- 1. Organic farmers add _____ to the soil to make it healthier.
- 2. Farmers use _____ materials instead of man-made ones.
- 3. Regular farmers may use _____ to kill insects.
- 4. Organic food may have more _____ than regular food.
- 5. Organic farming helps protect the _____ .



D. Comprehension Questions

- 1. How do organic farmers protect their plants without using chemicals?
- 2. Why do some people prefer to buy organic food?
- 3. In what ways is organic farming good for the environment?

E. Discussion Questions

- 1. Would you pay more money for organic food? Why or why not?
- 2. How can schools encourage students to learn about organic farming?

Answer Key

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A. Vocabulary: 1-h, 2-i, 3-j, 4-e, 5-f, 6-c, 7-g, 8-b, 9-d, 10-a

B. True/False: 1-F, 2-T, 3-T, 4-F, 5-T, 6-F, 7-T, 8-T, 9-T, 10-F

C. Fill Blanks: 1-compost, 2-natural, 3-pesticides, 4-nutrients, 5-environment

D. Comprehension:

1. They plant flowers or herbs near crops, or use helpful insects like ladybugs.
2. Because it has no chemical residues and may have more nutrients.
3. It protects the soil and water, and supports more insects, birds, and plants.

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